

William Paterson University

Re-Opening Plan

Self-Screening for All Students for COVID-19

William Paterson University will be implementing daily screening of all students prior to daily arrival on campus or leaving their residence hall room by inquiring about symptoms of COVID-19, as well as self-checking a daily temperature. A symptom checklist will be made available to every student to fill out daily along with their temperature. **Students should not come to campus/leave their room and/or should stay home except to get medical care when they have tested positive for or are showing symptoms of COVID-19.** Anyone who has recently had close contact (< 6 feet) for ≥ 15 minutes with a person with COVID-19 should also stay home and monitor for symptoms.

Temperature check:

Fever of 100 degrees or higher is one of the symptoms of COVID-19. It is required that all students take their temperatures before attending in-person instruction or participating in any campus or university-related activities. Any record or log of temperatures must be treated as confidential medical information.

Other symptoms:

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness.

Symptoms may appear **2-14 days after exposure to the virus**. People with these symptoms may have COVID-19:

- Fever (see above) or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Look for warning signs for a COVID-19 emergency situation. If you are showing any of these signs, seek emergency medical care immediately:

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake

- Bluish lips or face
 - Call your medical provider for any other symptoms that are severe or concerning to you.
- **Stay home.** Most people with COVID-19 have mild illness and can recover at home. However, we recommend that all individuals with symptoms or concerns contact their doctors. Do not leave your home, except to get medical care. Do not visit public areas.
 - **Take care of yourself.** Get rest and stay hydrated. Take over-the-counter medicines, such as acetaminophen, to help you feel better.
 - **Stay in touch with your medical provider.** Call before you get medical care. Be sure to get care if you have trouble breathing, persistent pain or pressure in the chest, new confusion, inability to wake or stay awake, bluish lips or face, or if you think it is an emergency.
 - **Avoid public transportation,** ride-sharing, or taxis.

Separate yourself from other people:

As much as possible, stay in a specific room and away from other people and pets in your home. If possible, you should use a separate bathroom. If you need to be around other people or animals in or outside of the home, wear a cloth face covering.

If you are a residential student, you must contact the Counseling, Health and Wellness Center immediately. You will be advised of the required next steps regarding return home, quarantine, or isolation, consistent with the University’s Quarantine and Isolation Procedures.

Screening tool

This tool is not meant to take the place of consultation with your health care provider or to diagnose or treat conditions. If you believe that you are in an emergency medical situation, call 911 or your local emergency number.

Information about COVID-19 is constantly changing. In addition, the level of COVID-19 activity varies by community, as does the availability of testing. For current updates on COVID-19 and details on testing and other health measures in your state, check with your local public health agency and visit the CDC website at [cdc.gov](https://www.cdc.gov).

Student COVID 19 screening
Please complete the following screening daily and record your temperature

Date _____

Name _____

Temperature _____

	YES	NO
Have you been within 6 feet of a person with a lab-confirmed case of COVID-19 for at least 15 minutes, or had direct contact with their mucus or saliva, in the past 14 days?		

*IF YOU SAID YES TO THESE QUESTION, STAY HOME, CONTACT YOUR MEDICAL PROVIDER. YOU SHOULD BE TESTED FOR COVID-19. YOU CAN ALSO CONTACT COUNSELING, HEALTH AND WELLNESS AND THEY CAN HELP YOU GET A TEST

In the last 48 hours, have you had any of the following NEW symptoms? **Check all that apply**

SYMPTOM	YES	NO
Fever 100 or above		
Body chills with sweating		
Cough		
Shortness of breath or difficulty breathing		
Fatigue		
Muscle or body aches		
Headache		
New loss of taste or smell		
Sore throat		
Congestion		
Nausea vomiting or diarrhea		
Persistent pain or pressure in chest		

*IF YOU SAID YES TO ANY OF THESE SYMPTOMS, STAY HOME, AND YOUR MEDICAL PROVIDER. IT MAY BE RECOMMENDED THAT YOU GET TESTED FOR COVID-19.

Do you have any of the following possible emergency symptoms? **Check all that apply**

Symptoms	YES	NO
Trouble breathing		
Persistent pain or pressure in the chest		
New confusion		
Inability to wake or stay awake		
Bluish lips or face		

*IF YOU HAVE ANY OF THESE SYMPTOMS SEEK IMMEDIATE MEDICAL ATTENTION OR CALL 911