

Human Sexuality Syllabus

1. **Title & Number of Course:** PBHL 2900-70 Human Sexuality Online Course (3 Credits)
2. **Department of Public Health:** Department Secretary: Ms. Geri Suppa
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3. **Semester:** Winter 2020
4. **Course Prerequisites:** None
5. **Instructor:** Ryan McKee, MS, MEd, mckeer2@wpunj.edu
Office: TBD
Office Phone: 973-720-3479
Office Hours: by appointment only
6. **Required Text:** Hock, R. *Human Sexuality*. (2016). 4th Edition. Prentice Hall Press.
7. **Description of the Course:** This course examines the biological, sociological, psychological and educational aspects of human sexuality. Students explore personal values, identities and decisions toward the development of a healthy sexual self. Topics include reproductive anatomy and physiology, body image, gender identity/expression, sexual orientation, dating and relationships, communication, reproductive health, contraceptives and pregnancy options, spectrum of sexual expressions and behaviors, and sexual violence/power.
8. **Course Objectives:** The objectives of this course are to:
 - Examine interdisciplinary perspectives on sexual development.
 - Increase empathy for and understanding of diverse identities and experiences.
 - Provide opportunities for increased self-efficacy in relation to decisions around relationships, sexual behavior, reproductive health choices, and sexual health.
 - Enable students to utilize the extensive sexual health resources available through print, the internet and social media.
9. **Student Learning Outcomes:** Upon completion of this course, the student will be able to:
 - Demonstrate an increased understanding of their own personal values, identities and decisions as they relate to sexuality within the biological, sociological, psychological, and educational perspectives.
 - Accurately describe reproductive anatomy and physiology, human sexual response and range of behavior choices, reproductive choices, and recommended health practices related to sexuality.
 - Locate and critically evaluate sexuality information from scholarly, internet, and social media resources.
 - Compare and contrast the range of sexual behaviors, actions, and perspectives among different groups.
10. **Teaching Methods:** A variety of teaching methods will be used in this online course, including discussions, lecture, internet activities, small group activities, examinations, and a reflective self-analysis paper.
11. **Course Expectations:** **Technology/Computer Literacy:** It is expected that all students who take online or hybrid courses are, at a minimum, computer literate. If you do not meet this expectation, I encourage you to withdraw from the course. Also, because this is a hybrid course, much of the content and many assignments will only be accessible via Blackboard. It is expected

that you access our course regularly with a computer/laptop that is compatible with Blackboard (and not simply use the Blackboard App via phone/tablet/etc). Apps on these devices offer some course functionality, but are not sufficient for completing all course activities/assignments. If you do not have a computer/laptop that is capable of accessing all of the materials I require, compatible computers are available in the University computer labs.

Reading/Video Assignments: You are responsible for viewing all videos and reading all chapters in the text that correspond to the information being addressed during the week. Additional reading assignments may also be posted on Blackboard.

Submission of Written/Online Assignments: Paper/essay-style assignments, such as the Q&A assignments (see below), uploaded to Blackboard should **be uploaded as .doc, .docx, .rtf, or .pdf files only**. Assignments submitted in any other file format will not be accepted.

All assignments are to be submitted on or before the due date (see timeline at the end of this syllabus). Late assignments will not be accepted.

Online Participation & “Attendance”: Online participation is expected and will be measured through the completion of online modules in Blackboard). There are 13 content modules (not counting the introductory module). You are expected to log in to our Blackboard course at least 3 times per week to complete the reading, web, and video content for each module. Failure to do so may result in a deduction in total points. Material from each module will appear on exams. You are required to complete all mandatory assignments (including discussion forums for each module) throughout the semester. More details will be provided in the Intro Module at the start of the semester.

Final Paper: Students will submit a Q&A style paper assignment which will allow you to reflect upon material from the modules and how it relates to relationships, identities, behaviors, and sexual health.

Examinations: There will be two online exams. Students are strongly urged to keep up with reading assignments, as many exam questions will be taken from the chapters of your textbook. Additional questions will be based on online readings and lectures. See Course Schedule for dates. ***Students who miss an exam must contact the instructor via email within 24 hours of the missed exam. Students who fail to comply with this policy will earn a ZERO as a grade for that exam.*** All make-up exams will consist of 10 essay/short answer questions. .

Plagiarism: Incidents of plagiarism will be handled according to department policy. Plagiarism is “the copying from a book, article, notebook, video, or other source material whether published or unpublished, without proper credit through use of quotation marks, footnotes and other customary means of identifying sources or passing off as one’s own the ideas, words, writings, programs, and experiments of another, whether or not such actions are intentional or unintentional. Plagiarism will also include submitting, without the consent of the professor, an assignment already tendered for academic credit in another course” (William Paterson University, 2010).

This is plagiarism:

1. Cutting and pasting from websites without citing the sources.
2. Copying verbatim or paraphrasing without citing the source.
3. Completing an assignment in a group that was not assigned as a group project and then handing in the results for individual credit.
4. Submitting graded work from one class in another class for credit, without the permission of the professor.
5. Copying homework from a fellow student.

PLEASE NOTE - To help this course meet these goals and your expectations we will mix some emotion-triggering and powerful educational videos, guest speakers from the field of human sexuality education, as well as candid and explicit lectures with class discussions. In the process of examining sexuality and sexual issues, this course may elicit personal issues and concerns, including past experiences that you might want to explore further. The instructor of this course is not a trained counselor, but will happily give you the names of local, certified counselors, therapists, or other appropriate resources.

12. Grading:

A variety of assignments are required for this course.

- All papers must be typed and double spaced, and submitted via Blackboard as .doc, .docx, or .rtf files.
- Emailed assignments will not be accepted.
- Late assignments will not be accepted and will receive a grade of zero (unless you submit a documented excuse such as a Dr.'s note within 1 week).
- EXTRA CREDIT ASSIGNMENTS ARE NOT GIVEN
- You are responsible for keeping all returned, graded work until the course has ended and you have received your final grade.
- Up to ten (10%) percent of the point value of the assignment will be deducted for poor writing, typos, failure to double-space, overly-wide margins, large font, etc.

The grading scale is as follows:

Midterm Examination	100 points
Final Examination	100 points
Final Paper	100 Points
Online Forums	100 Points (10 points for each required Module)
TOTAL	400 Points

13. Topical Outline of Course Content

A. Foundations and Frameworks of Sexuality

1. Overview of breadth and depth of sexuality (e.g. Circles of Sexuality, Genderbread Person, etc)
2. Cultural messages about sex and sexuality from peers, family, media and culture
3. Formal and informal sexuality education
4. Values identification

B. Sexuality Research (2 a,b,e)

1. Key Historical Research
2. Current Topics and Perspectives
3. Challenges in Sexuality Research
4. Ethical and Practical Issues in Sexuality Research

C. Gender and Sexual Identity Formation (3 b,c)

1. Biological Sex (e.g. genetic, hormonal, genital)
2. Gender Identity (e.g. cisgender, transgender, gender diverse)
3. Gender Expression (e.g. feminine, masculine, gender nonconforming)
4. Sexual Orientation (e.g. heterosexual, lesbian, gay, bisexual, queer, pansexual, asexual)

D. Biological Foundations of Sex

1. Overview of Male and Female Reproductive Systems
2. Overview of Endocrine System
3. Human Sexual Response Cycle & Arousal Patterns

E. Relationships

1. Partner choice
2. Intimacy and love
3. Types of relationships (e.g. hookups, dating, marriage, polyamory)
4. Healthy vs. unhealthy relationships
5. Intimate partner violence

F. Sexual Health

1. Definitions and baselines of sexual health and wellbeing
2. Sexually Transmitted Infection (STIs)
3. Impact of illness and chronic health issues on sexuality

G. Sexuality Across the Lifespan

1. Childhood
2. Adolescence
3. Adult
4. Older adults

H. Sexual Behaviors and Expressions

1. Desire and sexual arousal patterns (i.e. with self or others)
2. Behaviors/Modes of Expression
3. Decision Making & Communication
4. Sexual Challenges (e.g. disease, disorders, treatments)
5. Diversity of Sexual Expressions (e.g. partner choice, behaviors, paraphilias)

I. Reproductive Health

1. Contraceptives
2. Abortion
3. Pregnancy
4. Fertility Challenges
5. Childbirth

J. Sexuality and Marketplace

- a. Media
- b. Pornography
- c. Sex work and survival sex
- d. Commercial sexual exploitation of children

K. Sexuality and Power

- a. Sexual Harassment
- b. Sexual Assault and Rape
- c. Child Sexual Abuse and Incest

14. Additional Information:

- The Writing Center, located in the Atrium, is an excellent resource if you need assistance with your written communication skills.
- The Academic Support Center, located in Hunziker Wing on the 2nd floor, is available to assist you with strengthening your study skills, note taking, etc.
- These academic support services are free, make use of them!

TENTATIVE COURSE SCHEDULE & DUE DATES				
Week	TOPIC	READING	ASSIGNMENT(S)	Assignment/ Forums Due Date
Dec 26- Dec 29	-Intro to class	Ch. 1	-Intro Module Forum* -Module 1 readings/viewings -Module 1 Forum	Dec 29th
	- Sexual Anatomy	Ch 2	-Module 2 readings/viewings -Module 2 Forum*	
	- The Physiology of Human Sexual Response	Ch. 3	- Module 3 readings/viewings - Module 3 Forum	
Dec 30- Jan 5	- Gender: Expectations, Roles, and Behaviors	Ch. 10	- Module 4 readings/viewings - Module 4 Forum	Jan 5th
	-Sexual Orientations	Ch. 11	- Module 5 readings/viewings -Module 5 Forum	
	- Sexual Development Throughout Life	Ch. 12	- Module 6 readings/viewings -Module 6 Forum	
	- Love, Intimacy, and Sexual Communication	Ch. 4	- Module 7 readings/viewings -Module 7 Forum	
	- ONLINE EXAM			Jan 5th
Jan 6- Jan 12	- Sexually Transmitted Infections/Diseases	Ch. 8	- Module 8 readings/viewings -Module 8 Forum	Jan 12 th
	- Sexual Behaviors -Paraphilias	Ch. 6, 14	- Module 9 readings/viewings -Module 9 Forum	
	- Conception, Pregnancy, and Birth - Contraception: Planning and Preventing Pregnancy	Ch. 9 Ch. 5	- Module 10 readings/viewings -Module 10 Forum - Module 11 readings/viewings -Module 11 Forum	
Jan 13- Jan 14	- Sexual Aggression and Violence	Ch. 13	- Module 12 readings/viewings -Module 12 Forum*	Jan 14th
	- Sexual Problems and Solutions -The Sexual Marketplace	Ch. 7, 15	- Module 13 readings/viewings -Module 13 Forum*	
	- ONLINE EXAM - FINAL PAPER			Jan 14th

***NOTE - This course schedule is subject to change to accommodate student learning needs, instructor needs, or other unforeseen circumstances.**